Camper's Name:	:	Date of Birth:	Session	Year	•

# Camp Turner Health Form PLEASE READ THESE INSTRUCTIONS

### **Instructions for Parents:**

- o Complete pages 1 and 2.
- Visit your doctor to have pages 3 and 4 completed.
- o Note, many doctors will take 10 days to complete your forms.
- Collect pages 3 and 4, from your doctor.
- Collect immunization records and results of most recent physical from your doctor.
- Make copies of all the documents.
- Fax the originals to Camp Turner at 716-354-4555, or mail them to PO Box 264, Salamanca, NY 14779.
- o Keep a copy of the originals to bring with you to check in.
- DO NOT upload Forms or Photos into your online account.
- o Do NOT email forms.
- o Health Forms are due at camp at least *one week before arrival*.

### Instructions for Physician's office

- o Complete page 3 & 4, including medication authorization.
  - o Campers may not attend without these pages completed.
  - Campers need your authorizations for all supplements including vitamins, melatonin, etc.
- o attach Immunization Records and Health History
- o attach results of most recent physical.
- We accept physicals up to 18 months old.
- o Return pages to parents so parents can send all pages as one packet.

Camper's Name:	Date of Birth: Session Year
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Camper's Name:	Date of Birth:	Session	Year
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### **PARENT Page 1**

## **Camp Turner Health Forms** v.2023 Camper Information (by parent)

Camper's Full Name:		
Street Address:		
City:	State:	Zip Code:
Date of Birth:	Gender:	
Height: Weight:	Eye Color:	Hair Color:
Arrival Date	Age upon arrival	

Attach
a clear, color
photo
of your
camper's face here

Parent / Guardian name	Home Phone	Work Phone	Cell Phone				
Second Parent / Guardian name	Home Phone	Work Phone	Cell Phone				
Emergency Contact (third option) name	Home Phone	Work Phone	Cell Phone				
Agency Contact if any name	Home Phone	Work Phone	Cell Phone				
Primary Health Insurance Carrier	Group ID Number	Policy Holder's Name	ID Number				
Camper's Primary Care Physician	Physicians Location	Phone	Fax				
No contact allowed with							
Medication Allergies:							
Food Allergies:							
Activity Restrictions:							
Dietary Restrictions:							
Eating Disorder:							
Threatened or attempted suicide?							
Other trauma we need to be aware of:							
Notes for the nurse:							

Attach additional pages if needed.

Parents, please write a separate note to the cabin counselor to be delivered by you and discussed upon arrival.

Camper's Name:	Date of Birth:	Session	Year

Camper's Name:	Date of Birth:	Session	Year
PARENTS: Please report answers to the f	PARENT Page 2 following for your camper.		
Recent illness or injury:			
Recent hospitalization:			
Infectious / communicable disease:			
Have wheezing or shortness of breath?			
Seizures:			
Loss of Consciousness:			
Diabetes:			
Other chronic condition:			
Had fainting or dizziness:			
Passed out or had chest pain during exercis	se:		
Had problems falling asleep or sleep walking			
Back or joint pain:			
Skin Problems:			
Abnormal Menstruation:			
Have a history of bed wetting or incontinen			
Problems with diarrhea or constipation:			
Traveled outside the US in the last 9 month			
Swimming Ability:			
Behavior Issues:			
Emotional Issues:			
ADD / ADHD:			
Chronic Fears:			
Family Issues:			
Personal crisis:			
<b>Permission to treat</b> : By my signature belo authorize emergency medical treatment inc be considered necessary or advisable in the any <u>licensed physician or medical center</u> chrelease of any records necessary for insural all medical care, treatments, legal services of care of Camp Turner or its agents.	cluding ordering x-rays or other e event that I cannot be reached i nosen by representatives of Camp nce purposes. I agree that my he	routine tests, or surgical in a reasonable amount o o Turner to treat my child ealth insurance will be th	treatment that may f time. I authorize d. I agree to the e primary payer for
I agree to allow my camper's pediatrician to recent physical to Camp Turner via the cam		ing immunization record	s and results of most
By the signature below, I attest that all the is I understand that this information is confid			
Signature of Parent or Legal Guardian	Printed Name	Date Si	gned

amper's Name:	Date of Birth:	Session	Year

### PHYSICAN'S Page 1

### Physician's Office, please:

- Attach current Immunization Records.
- Attach most recent physical.
- Complete medication authorization below / or provide written orders.
- Sign / stamp the bottom of this page.

We have written orders from the physician to administer prescription OR over-the-counter medications. The orders may be written below, or provided on the physician's letterhead or script. Medication will only be accepted in original containers. All medications are locked in the infirmary and administered under the supervision of our nurses.

#### Circle "YES" to authorize OR circle "NO" to disallow

Gircic	TES to authorize on the	NO to u	Comments, recommendations,
Drug	Use	Approval	restrictions
Tylenol or children's Tylenol.	Pain / fever / headache	Yes / No	
Ibuprofen or children's Ibuprofen	Pain / fever / headache	Yes / No	
Tums	Upset stomach	Yes / No	
Benadryl or equivalent	Allergic reaction, insect bites, ALLERGY reactions.	Yes / No	
Cetirizine HCL (Zyrtec)	Allergy Relief	Yes / No	
Loratadine (Claritin)	Allergy Relief	Yes / No	
Cough Drops	Sore or scratchy throat	Yes / No	
Sore Throat Spray	Sore or scratchy throat	Yes / No	
Band Aid Cleansing Foam (or similar)	Cleaning cuts or scrapes	Yes / No	
Triple Antibiotic Cream	Apply to cuts or scrapes	Yes / No	
Burn gel (after ice)	Sunburn other minor burns	Yes / No	
Desitin (zinc oxide cream)	Rash (self-administered by camper)	Yes / No	
Caladryl lotion	Insect bites, plant reactions	Yes / No	
Tussin DM	Cough	Yes / No	
Benzocaine (Sting Ease / After Bite)	For insect bites after icing.	Yes / No	
Miralax / Clearlax	For Constipation	Yes / No	
Sunscreen	Prevent sunburn – self-administered by camper with staff assistance as needed.	Yes / No	
Insect Spray	Prevent insect bites – self-administered by camper with staff supervision and assistance as needed.	Yes / No	
Melatonin 1 mg	Now stocked due to popular demand.	Yes / No	Please indicate authorized dosage:

Other medications authorized not listed above including including vitamins, melatonin, etc.

Medication	Route	Dose	Schedule	Diagnosis - Reason for taking

Camper's Name:	Date of Birth:	Session	Year
	Physician's Page	2	
This patient's last phys	sical exam was on		
		Date	
At the time of this examination	n this patient is:		
	ghly active overnight camping a to this patient OR to others liv		_
Recommended with th	ese <u>r<b>estrictions:</b></u>		
<u></u>		<del></del>	
COMPLETE	MEDICATION AUG	TIADIZATIA	ON ADOVE
COMPLETE	MEDICATION AUT	ПURIZATI	JN ABUVE!
Attach	Physical and Immi	ınization Re	ecords
Hetaen	Thy Stear and Infilit		coras
Printed Name of Healthcare provider Signatu	re Date		
Location Phone Number			
Physicians Stamp:			